

DENTURE HOME CARE RECOMMENDATIONS

- Your beautiful new denture has been hand crafted to look as natural as possible. The individual colours in the gums will last if you properly care for them.
- To protect the colours do not use bleaching products or any denture cleaners that may have bleach in them. Brushing with a toothbrush and soapy water will remove any daily debris.
- Dentures should **NEVER** be placed in boiling water.
- For additional cleaning or for occasional longer soaking, we recommend using white vinegar (see below) which cleans while protecting colour tones.
- Denture adhesives, when used properly, can improve the retention and stability of dentures and help seal out the accumulation of food particles beneath the dentures, even in well fitting dentures.
- Denture adhesives should be completely removed from the prosthesis and the oral cavity on a daily basis.
- It is **NOT** recommended that dentures be worn continuously (24 hours per day) in an effort to reduce and minimise fungal infections.
- Patients who wear dentures should be checked annually by the dentist, prosthodontist or dental professional for maintenance of optimum denture fit and function, for evaluation of oral lesions, bone loss, and for assessment of oral health status.

DENTURE CARE SPECIFICS

- Use a solution 1:1 water and vinegar once per week.
- Soak denture in the vinegar solution for approximately 15 minutes. This will make hard calculus/tartar deposits soft enough to remove with a brush.
- Occasionally for stubborn stains leave over night in a cold solution of water and vinegar.