

TOOTH COLOURED FILLING

A TOOTH COLOURED FILLING, OR A "COMPOSITE", BUILDS BACK MISSING TOOTH STRUCTURE TO ITS ORIGINAL FORM.

Frequently Asked Questions

1. *What material is in a Tooth Colored Filling?*

- A tooth colored filling is a mixture of a tooth colored resin with clear glass particles that give it strength.

2. *What are the benefits of a Tooth Colored Filling?*

Tooth colored fillings come in many shades so they very closely match the color of natural require less removal of healthy tooth structure than silver fillings.

3. *What are the risks of a Tooth Colored Filling?*

As with any filling, having a tooth colored filling involves some inherent risks both to the remaining filling itself:

- Tooth coloured fillings are limited because they seal a tooth but do not prevent it from breaking.
- Tooth coloured fillings may fracture; the larger the tooth coloured fillings, the greater the risk of fracture.
- Tooth coloured fillings may decay around the edge of the filling if your dentist is unable to keep the tooth clean and dry while placing the tooth coloured filling.
- Preparing for and placing a tooth colored filling can irritate the tooth and cause "post-operative" sensitivity which may last for up to 3 months.
- Teeth which have had tooth colored fillings may need a root canal treatment less than 1% of the time during the life time of the tooth.

4. *What are the alternatives to having a Tooth Colored Filling?*

The alternatives to having a tooth colored filling are:

- Having a silver filling or "amalgam" placed.
- Having a gold or porcelain inlay/onlay restoration placed.

5. *How can an existing bite affect a Tooth Colored Filling?*

- Bite problems may lead to the tooth colored filling or tooth breaking or loosening.

6. *Are there any post treatment restrictions once I have a Tooth Colored Filling?*

- A Tooth colored filling may have a good color match with your natural tooth when it is placed but less of a match as your natural tooth ages.
- Tooth colored fillings can collect stain over time from foods such as black tea, coffee and wine.
- Tooth colored fillings may chip or break if used for abnormal activities (e.g. biting fishing line, sewing thread or fingernails, opening bottles).



Improve shape of teeth



Closespaces

